




CLIENT SUCCESS STORY



In February 2023, a 15-year-old girl came to the CAC with her mother for a forensic interview. She revealed that a teacher had behaved inappropriately towards her. The girl felt angry, confused, and guilty about the situation, worrying about the impact on the teacher's family. Starting therapy in March 2023, she successfully completed treatment with an on-site therapist. Through therapy and support from her mother and close family friends, she has learned to manage her feelings of anger, fear, and sadness related to the allegations.



She now possesses effective coping skills, understands the connection between her thoughts/emotions and actions, and no longer dreads encountering the perpetrator in public. The girl expressed gratitude for the healing process facilitated by CAC therapy, which also enhanced her relationships with her support network.

